|  |  |
| --- | --- |
| **Mean fasting blood glucose** | Description: mean fasting blood glucose results including those currently on medication for diabetes (non-fasting recipients excluded) |
| Instrument question: B1: During the last 12 hours have you had anything to eat or drink, other than water? B5: Blood glucose measurement |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mean fasting blood glucose (mmol/L)** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Mean | 95% CI | n | Mean | 95% CI | n | Mean | 95% CI |
| 18-29 | 425 | 4.3 | 4.0 - 4.6 | 775 | 4.7 | 4.5 - 4.9 | 1200 | 4.6 | 4.4 - 4.7 |
| 30-44 | 417 | 4.7 | 4.4 - 4.9 | 765 | 4.7 | 4.5 - 4.9 | 1182 | 4.7 | 4.5 - 4.8 |
| 45-59 | 239 | 4.5 | 4.1 - 4.8 | 415 | 5.0 | 4.6 - 5.3 | 654 | 4.8 | 4.5 - 5.1 |
| 45-69 | 0 | - | - | 0 | - | - | 0 | - | - |
| 60-69 | 104 | 4.6 | 4.2 - 5.0 | 244 | 5.0 | 4.7 - 5.2 | 348 | 4.8 | 4.6 - 5.1 |
| **Total** | **1185** | **4.4** | **4.3 - 4.6** | **2199** | **4.8** | **4.6 - 4.9** | **3384** | **4.7** | **4.6 - 4.8** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 792 | 4.6 | 4.4 - 4.8 | 1546 | 4.9 | 4.8 - 5.1 | 2338 | 4.8 | 4.7 - 4.9 |
| Urban | 393 | 4.1 | 3.8 - 4.4 | 653 | 4.4 | 4.2 - 4.7 | 1046 | 4.3 | 4.1 - 4.5 |